



Prof. GIUSEPPE RODOLFO BRERA MD, MA, LD MA

Born: 7.1.1948, Arona, Novara, Italy

Marriage: 22.4.1978

Education: Classic lycée, Milan; Medical degree, University of Milan (1972). Speciality in Medical Psychology, University of Milan (1975).

Professional history: Hospital assistant, Psychiatric Hospital of Pavia S.Colombano runned by RO Makewellbrothers (1973-1974). Officer in Psychiatric wall, 1976-1977. Founder and co-ordinator of the Family Counselling Service for Families of Drug Abusers, Milan (1973-1974): Psychiatric Facility. Training teacher at the Speciality course in Psychology, State University of Milan (1976). Coordinateur of the Youth Mental Health Service (Lombardia Health District) 1974-1977. Consultant Hospital G. Salvini (Lombardia)(1974-1980) in Neurology and Psychiatry. Clinical Director of Medicine, Consultant in Psychology and Psychiatry Betania Community (1976-1986) Director Medicine and Psychology Adolescence Institute, Milan (1983-1995). Consultant in Psychology and Psychiatry, St. Joseph Hospital, Milan (1984-2001) runned by Makewellbrothers. Chief editor of the International Journal : Medicine and Mind (1984), Director of the Speciality Course in Adolescentology (1988-). Founder –President of the World Federation and Society of Adolescentology ,Director of the Milan School of Medicine : Dpts Health and Medical Psychology of University Ambrosiana (1995),Medical Education,Adolescentology. Founder and Rector of the Università Ambrosiana (1995). Chief Editor of the International Journal Medicine Mind and Adolescence, Director of the Milan School of Medicine of the University Ambrosiana(1998-), Author of the Teaching Quality Procedures of Person-Centred Clinical Method and Medical Counselling, Director of the International School of Person Centered Medicine, Author of the Person Centered Medicine Paradigm, [Author of the first investigation on Person Centered Medicine \(2002\)](#), [Director of the Person Centered Medicine International Academy \(2010\)](#), Summer University in Person Centered Medicine and Medical Education 2000-2019-2014 . Director Master in Psychiatric Rehabilitation 2013.

Main creative works: Author of the book "Motivations and psychopathological sequelae of induced abortions (1981). Editor of Sc. Journal "Medicine and Mind" (1983). Editor § Author of Ma of the first MA worldwide on "Adolescentology" (1987), "Medical Counselling with adolescents" (1991) , Person Centered Clinical method and medical Counselling (2002). Author Sc. Course "Health Psychology and Health Education in Adolescence (1993). Editor Sc. Newsletter "Adolescentology" (1993). Author of the Universal Declaration of Youths' Rights and Duties (1993), presented in the first International Conference on Adolescentology. "Make Peace with life". October 23-24 1993. Author of the book "The Kairos of Existence. Mystery, Possibility and Reality in Adolescence"

(1994). Author of the book "The Kairos of Existence. Mystery, Possibility and Reality in Adolescence and Human Nature" (1995). Author of the book "A revolution for the clinical method and the bio-medical research: the determinate and the quality indeterminate relativity of biological reactions" (1996) and the Person Centered Medicine Epistemological Manifesto (1999)

Other books:

Person-centred medicine and medical education in the third millennium (2001)

Il tempo di Ulisse ed il tempo di Penelope. Gli adolescenti italiani e la loro salute (2004),

L'adolescenza o del nobile mistero della natura umana-To be s Sir Arthur Knight" 2009

Università Ambrosiana e-book

La sindrome del grande fratello e i magnifici sette, come essere genitori in un tempo difficile .2010 ed Università Ambrosiana e.book

Person Centered Medicine- Vol 1 Epistemology-Università Ambrosiana 2013

Il federalismo Universitario e scientifico. Università Ambrosiana 2010

L'anima e la missione dell'Italia. Università Ambrosiana 2013

Non abbiate paura. Non è morto un mondo vecchio è nato un mondo nuovo.Università Ambrosiana 2014.

Promoted the following conferences: Health Education, Prevention and Mental Health in Adolescence, Milan, 1985 (1st International Conference) with the co-operation of the WHO. The Italian Research Centre on Medical Psychology (1980). The Italian Post-graduate School of Adolescentology (1988) Director. The Italian Society of Adolescentology and Adolescence Medicine , President (1991-).

Founder and Director of Adolescentology, the Italian Journal of Adolescentology (1992-)

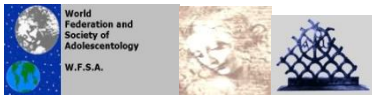
The World Federation and Society of Adolescentology, Founder and President) (1994). "Assisi 93: Make Peace with Life", First International Conference on Adolescentology with UN participation - Assisi, 22-24 October 1993. "Milan '94: Adolescence and Family", with UN participation 18-19 November 1994, Second International Conference on Adolescentology with the collaboration of the United Nations Secretariat for the International Year of the Family. Congress "Medicine Humanization and Clinical Method", Milan, St. Joseph Hospital, June, 24 1994. First WFSA Symposium in Ghent, Belgium, at the International conference on "Conflict in Adolescence", November 22-23, 1995. Inaugural Congress Ambrosiana University "Medicine Humanization, Scientific paradigm, Clinical method and Quality of cares", Università Ambrosiana, July 24, 1995. First International meeting "The Defence of Youths' Rights", January 28,1995, Milan, Italy. Second WFSA Symposium in Prague at the Conference "Medicine today and our image of man". June 5-9,1996. Congress "New perspectives in the clinical method and the counselling with the adolescent", June 22, 1996, Università Ambrosiana, Milano. Congress "It is never too early: adolescence and television", Varese, July 6, 1996 (with S.I.Ad. Lakes). International Congress: Youth Dignity, Milan, Italy , June 11-12-13, 1998. Assisi 1998, SIAd National congress,



Assisi 1999, Siad. National Congress,



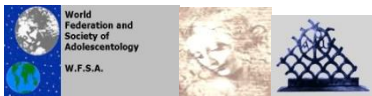
Assisi 2000 WFSA and SIAd International conference,



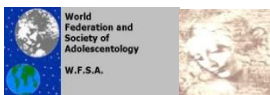
Assisi 2001 Siad National Congress at International participation,



International workshop Science, Internet and Adolescentology, 2002



2003 V° International Conference of Adolescentology “Young People and values”,



2004 VI °International Conference of Adolescentology: Being and Beauty, The future of a young world. 2005 –



2005, 27-28 May, Milan, Italy

Patrocinio. Ministero dell' Istruzione, Università e della Ricerca

Ist International Conference in Italy

on New Perspectives in Medical Education

[Return to Hyppocrates : Quality and Quantity in Medical Education”](#)

The first international Conference realized in Italy in Medical Education



2005, 21 October/Octobre, Assisi

I Conferenza delle Facoltà di Medicina dell' Area Mediterranea

Le changement de paradigme in médecine et ses effets dans la pédagogie Médicale



2005, 21 October Assisi

I° Congresso Nazionale dei medici adolescentologi italiani

2005 Milano, Ospedale San Giuseppe

La medicina centrata sulla Persona ed il cambiamento della Medicina



2006,12-14 October, Assisi
VIth International Conference on Adolescentology
X° Congresso Nazionale della Società Italiana di Adolescentologia
Assisi 2006. Make Peace with Life
12 Ottobre 2006- ICYC Presentation of the “ New Road Map for peace in the Middle East”

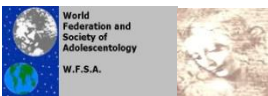


2007, Milano Ospedale San Giuseppe
La Medicina centrata sulla persona

2007, 13 October, Milano
International Adolescentology Symposium
VII° International Conference on Adolescentology
[Adolescence and the Modern World](#)

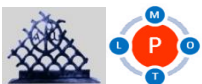


2007,13 October,Milan
Sponsorship WFSA,SIAd. Canadian Society of Adolescentology
Trattato di cooperazione Italia-Canada
Coperation Treaty Italy-Canada per la ricerca sull'adolescenza



2008, 31 Octobre/October, Lourdes France
VIII° International Conference on Adolescentology
Sponsorship : WFSA-SIAd.University Ambrosiana
[Religion –Resilience- Health](#)
Ist Scientific International Conference in Lourdes

2009, 14 November ,Milano
Sponsorship Società Italiana di Adolescentologia
Per una salute centrata sulla persona



2010, 30 June, Monguzzo
Patrocinio: University Ambrosiana
Una fondazione per la Medicina centrata sulla persona
A Foundation for Person Centered Medicine

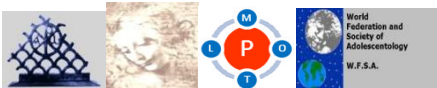
with the participation of  World Health Organization



2010 18 December,Milano
International Youth Year

Sponsorship: University Ambrosiana
Patrocini: University Ambrosiana e SIAd
L'esistenza della persona giovane tra incertezze e speranza
The Youth Existence between uncertainties and hope
IX° International Conference on Adolescentology

2011 28 May, Milano, Italy
Sponsorship University Ambrosiana-SIAd
Adolescentologia, 1991-2011
Per una cultura dell'essere e della responsabilità



2011 27 October Assisi
[Person Centered Medicine and Change of the Medical Education Paradigm](#)
First International Congress

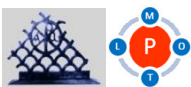


2011 28 October Assisi
[Adolescence, Person and Health](#)
X° International Conference on Adolescentology



2013 Milan 29-30 November
International Conference
[Adolescence, Health and Human Rights](#)
I° International Conference on Adolescentology

http://www.unambro.it/html/eventi_recenti.html



August 25-29 2014
[Summer Institute in Medical Education and Person Centered Medicine](#)



August 30 2014
[International Workshop in Medical and Person Centered Medicine](#)

Membership: Medical Council of Milan (1972-). Medical Roll of Psychotherapists, instituted in 1992 -. Stress and Anxiety Int. Society (1991). Società Italiana di Adoloescentologia (1991-), World Federation and Society of Adoloescentology Founder and President (1994-1998) (1999-), Person Centered Medicine international Academy (Director 2010-)

Main areas of clinics-research and teaching: Psychotherapy, Medical Counselling, Adoloescentology, Epistemology and Clinical Method, Psychopathology, Health Psychology and Health Education, Person Centred Medicine ,Person Centered Clinical Method
Prof. Brera is author of many scientific publications.

https://www.researchgate.net/profile/Giuseppe_R_Brera/contributions?ev=prf_act

Prof. Giuseppe R.Brera is the Coordinator of the International Committee for the Youth Charter
http://www.unambro.it/html/pdf/UNIVERSAL_DECLARATION.pdf

Prof. Giuseppe R Brera, theorized “Adoloescentology” - The Person Centered Adoloescence Theory published in 2000 and Person Centered Medicine (1998). Published in 1999. From 1995 runs the Medical Education procedures of the University Ambrosiana and as founder of Person Centered Medicine (1998) and Medical Counselling (1991) personally educated to it at least 300 MD and a selected number of clinical tutors in the first Licentia Docendi course worldwide. (2005-) He founded the first Dept in medical Education (2005) in Italy and promoted the first International Conference on Medical Education in Italy

<http://www.unambro.it/html/convegni20042005.html>

and he runs the first International Program in Person Centered Medical Education. (worldwide)
<http://www.unambro.it/html/smistamentoISPCM.html?>

In 2011 Prof. Brera was invited by  to introduce the University Ambrosiana Milan School of Medicine pionieristic activity in [Person centered Medicine and Medical Education](#).

http://www.unambro.it/html/pdf/PCM_History.pdf

Editorial Activity

Founder and Director Medicine and Mind , Journal of Medical Pshychology and Phylosophy of Medicine (1984-1996)

Founder and Director Medicine, Mind and Adoloescence 1st International Journal of Adoloescentology. 1996- (suspended in 2004)

Founder and Responsible Director of “Adoloescentologia-Giornale Italiano di Adoloescentologia” 1993-

Founder of the International portal www.adolescence.it (susopended) and www.siadnet.it (in revision)

Significant scientific articles, books and presentations from 1985

Brera G.R. Il senso della vita nell'agire medico. (The meaning of life in the medical praxis). *Medicina e Morale* 1985;1:80-90.

Brera G.R. La sofferenza nel rapporto medico-paziente (Suffering in the doctor-patient relationship). *Medicina e Morale* 1987 ;1: 46-57

Brera G.R. Course in Medical Counselling with adolescents. Milan,CISPM-IMEPA ,1991

Brera G.R. Epistemological aspects of medical science . *Medicine and Mind* 1992; VII: 5-12
Ibidem 2

Brera G.R. The kairos of existence. *Medicine and Mind* 1993; VIII (2):5-9

Brera G.R. The Kairos of existence. Mystery, Possibility and Reality in adolescence and human nature. Milan: CISPM; 1994

Brera G.R. The epistemological principles of Adolescentology. *Medicine, Mind and Adolescence*. 1995; 10, 1.

Brera G.R. Per una teoria dell'adolescenza e della natura umana.Epistemologia, fenomenologia e paradigmi di ricerca in Adolescentologia. *Medicine, Mind and Adolescence*. 1995; 10, 1: 5-17.

Brera G.R. Mystery, Possibility and Reality. A new hermeneutics for adolescence and human nature. *Medicine, Mind and Adolescence*. 1996; 11, 2: 5-15.

Brera G.R. A revolution for medical science and biomedical research: the determinate and the quality indeterminate relativity of biological reactions, Milan : Università Ambrosiana ; 1996

Brera G. R. . The relativity of biological reactions and the first formulation of an interactionist epistemological paradigm for medical science and its application in clinical research and medical education. *Medicine, Mind and Adolescence*. 1997; 12, 1-2: 7-15.

Brera G.R. Dignity and clinical method: the Kairological approach. *Medicine, Mind and Adolescence*. 1998; 13, 1-2: 7-15.

Brera G.R. The manifesto of Person Centered Medicine. *Medicine, Mind Adolescence* ,1999; Vol. XIV, n. 1-2,

Brera G.R. La medicina centrata sulla persona e la formazione dei medici nel terzo millennio. Con l'introduzione di Iosef Seifert : I sette scopi della medicina Person Centered Medicine and Medical Education in third Millennium with the introduction of Iosef Seifert The seven aims of Medicine it.) Pisa:IEPI-Università Ambrosiana; 2001

Brera G. R. Per una teoria dell'adolescenza e della natura umana.Epistemologia, fenomenologia e paradigmi di ricerca in adolescentologia. (For an adolescence and human nature theory: Epistemology, phenomenology and research paradigms in Adolescentology it.) *Medicine, Mind and Adolescence*, 1995, vol X, 2:5-16

Brera G.R The adolescent as person. Person-Centered Adolescence Theory. Medicine, Mind and Adolescence,2001;vol XVI,1-2

Brera G.R La metodologia clinica centrata sulla persona e la formazione del medico, Atti del Convegno. : La medicina centrata sulla persona e la formazione del medico. 21 Giugno 2001, Milano

Brera G. R : Ethical and organizational aspects of a scientific and educational portal. Medicine Mind and Adolescence. Vol. XVII: 1-2 .A

Brera G.R. : Person, science and challenges of young people for the western life.Proceedings of the international conference: Assisi 2003 Young People and Values. Assisi 23-25 Ottobre 2003
Introducing presentation

Brera G. R. :Education in Person Centered Medicine and Perceived Quality of Person Centred Clinical Method by MD Proceedings of the international conference: Assisi 2003 Young People and Values in the Symposium:
New Perspectives in medical Education
Introducing presentation

Brera G. R. : La medicina centrata sulla persona ed il metodo clinico .
Atti del Congresso della SIAd Regione Veneto: Il centro della Salute del giovane e la medicina centrata sulla persona 20 Dicembre 2003
Introducing Presentation

Brera G.R. Person-Centred Medicine Educational Objectives –an announced revolution. In : SIAdve editor. Proceedings of the Conference :Youth Health Center and Person-Centered Medicine, 2003 December 20 Cittadella (PA), Italy,p 2-7.

Brera G. R.: Person-Centered-Clinical Method Teaching –Workshop
given at the XI Ottawa Conference in Medical Education. 6-8 July 2004

Brera G. R. :Il tempo di Ulisse ed il tempo di Penelope: gli adolescenti, i giovani italiani e la loro salute. Edizioni Università Ambrosiana, 2004- Saggio

Brera.G. R.: Il tempo di Ulisse e di Penelope: antropologia,scienza e politica per i giovani. Proceedings of the International Conference :
Milano 2004 Being and Beauty-The future of a young world. Milan. 3-4
December 2004 C Introducing Presentation

Brera Giuseppe Rodolfo Relatività del sapere bio-medico: per una teoria della Medicina (Relativity of bio-medical knowledge: for a Medicine theory). Atti del Convegno inaugurale dell'Università Ambrosiana:" Umanizzazione della medicina, paradigma scientifico, metodo clinico e qualità delle cure". (Medicine Humanization,scientific paradigm and quality of care) 24 Giugno 1995; Milano, Italia

Brera G.R. Epistemology and Medicine: change of the Medical Science Implicit Paradigm. In Brera G.R.. editor. Return to Hippocrates: Quality and Quantity in Medical Education. Proceeding

of the second Conference on New Perspective in medical Education; 2005 May 27-28, Milan, Italy , Università Ambrosiana ; 2005. p 19

Brera G.R. Person-Centered Medicine and Person-Centered Clinical Method Teaching. In : Brera GR editor, Proceedings of the Conference: “ Return to Hyppocrates . Quality and Quantity in Medical Education; 2005 Milan 28-29 May” Milan ,Italy p 39

Brera G. R :L'unità etica ed epistemologica della formazione degli adolescentologi alla luce della “Teoria dell'adolescenza centrata sulla persona” in Atti del Convegno:”Assisi 2005 la formazione degli adolescentologi” 22 Ottobre 2005

Brera G.R. : La medicina centrata sulla persona: basi epistemologiche ed importanza del lavoro clinico in Atti del Congresso: “ Crescere con la medicina centrata sulla persona”. Monselice (Pd),17 Dicembre 2006
Introducing Presentation

Brera G. R: Duc in altum”: Young People, Educators, Health professionals, Investigators' Education in Human Dignity. Proceedings of the International Conference: Assisi 2006-make peace with life.
Introducing presentation

Brera G. R :The Change of Medical Science and Education in Person-Centred Medicine and Clinical method (PCCM) Proceedings of theInternational Conference: Assisi 2006-make peace with life. Assisi. October 12-14 2006 III° International Symposium: Scientific paradigms and Clinical Teaching in Medical Education

Brera G.R :Sport, Persona e salute. Atti del Convegno Adolescenza , Sport e salute. Torino 12 maggio 2007-Introducing Presentation

Brera GR Rischiare per sport. Atti del Convegno Adolescenza , Sport e salute.Torino 12 maggio 2007 Introducing Presentation

Brera G.R. Surfing the Modern Adolescentology Culture: Risk and Resilience and Possible Perspectives for Person Centered Research – Proceedings from The Conference: Adolescence and the modern world. Milan October 13 2007,SIAd-WFSA 2007 Introducing Presentation

Brera G.R : La Teoria dell'adolescenza centrata sulla persona. Ist Italy-Canada Symposium on Adolescentology. Milan, October 13 2007
Introducing Presentation

Brera G. : Religion- Resilience- Health in Person Centered Medicine Proceedings from the Conference. Religion, Resilience, Health. Lourdes, October 31 2008, SIAd-WFSA ed, 2009 Introducing Presentation

Brera G.R : Natura umana e salute. Atti della I° Giornata Europea per la salute del Giovane,Lourdes, France, 1 Novembre 2008. SIAd-WFSA ed. 2009 C

Brera G.R. :L'ambiente che sono, l'ambiente che io sono. In
"Adolescenti,Ambiente e Sviluppo Umano" pg. 17-45. Elledici. Torino
2009

Brera G.R. La Sindrome del Grande Fratello e i Magnifici Sette .Come essere genitori in un tempo
difficile. Milano. Ed. Università Ambrosiana, 2009 (book)

Brera G.R. Assessment of Person Centered Medicine and Person Centered Clinical Method
Teaching in the Ambrosiana University Milan School of Medicine. Proceedings of the IInd Geneva
International Conference on Person Centered Medicine, Geneva, May 28-29 2009. International
Network in Person Centered Medicine

Brera G.R L'adolescenza o del nobile mistero della natura umana.
Milano. Ed. Università Ambrosiana, 2010 (book)

Brera G.R L'incertezza , la speranza e il kairos del'esistenza. Atti del Convegno" L'esistenza
della persona giovane tra incertezze e speranza,Milano, Ed.Università Ambrosiana 2010,

Brera G.R. La caduta del paradigma meccanicista in medicina e la medicina centrata sulla persona,
Introductive lecture to the Educational Activity of the Milan School of Medicine, Milan March 27
2010

Brera G.R Ambrosiana University Person Centered Medicine Program Proceedings of the IIIrd
Geneva International Conference on Person Centered Medicine, Geneva, Geneva, May 3-5 2010.
International Network in Person Centered Medicine

Brera G.R How to Change Medical Education toward a Person Centered Medicine Paradigm ?
Invited lecture in the WHO symposium :” Medical Education and Person Centered Medicine.
Geneva 4 May 2011. Proceedings of the IVth International Conference on Person Centered
Medicine. International Network in Person Centered Medicine

Brera G.R. Person Centered Medicine and Change of the Paradigm in Medical Education.
Proceedings from the 4th International International Symposium on new Perspectives in Medical
Education” Person Centered Medicine and Change in the paradigm of Medical Education-
Theory,Teaching Research Assisi 27 October 2011

Brera G.R Reliability and Validity of Person Centered Clinical method. Vth Geneva International
Conference on Person Centered Medicine, Geneva, Geneva, . International Network in Person
Centered Medicine. Geneva April 30-May 2 2012

Brera G.R Person Centered Medicine – Vol. 1 Epistemology Ed Università Ambrosiana 2012

Brera G.R Adolescence, Person Centered Health Paradigm and Human Rights. Proceedings form
the International Conference: Adolescence,Person and Human Rights.Milan 20-30 November 2013

Prof. Giuseppe R.Brera has been the author of the subject:” Person Centered Medicine on the
International Portal “Research gate” followed by 444 scientists

www.researchgate.net

Publications inserted in

https://www.researchgate.net/profile/Giuseppe_R_Brera/publications

Other info

https://www.researchgate.net/profile/Giuseppe_R_Brera/reputation?pli=1&loginT=DSakmPM1_Eu_DYHgZ_w_EkC_q-jMMIUGHK32zI_Jb_c*&uid=f8efa5e9-7a67-4642-ab23-862d514365bb&cp=re308_ws_wj_p13&ch=reg