

AMBROSIANA UNIVERSITY

Milan Medical School



Person-Centred Clinical Method Manifesto

1. PERSON IS A THREEDIMENSIONAL UNITY (BODY-MIND-SPIRIT) QUESTING FOR AN OBJECTIVE MEANING (LOVE-TRUTH BEAUTY).
2. BEFORE TO BE A PATIENT AN INDIVIDUAL WHO QUESTS FOR HELP IS A PERSON. EMBRYOS AND FETUSES ARE UNIQUE INDIVIDUAL HUMAN BEINGS AND THEIR LIFE MUST BE RESPECTED.
3. HEALTH IS THE RESULT OF AN INDIVIDUAL ETHICAL CONSTRUCTION BASED ON INDETERMINED INTERACTIONS BETWEEN A PERSONAL IRREDUCIBLE SOUL-MIND-BODY” UNIQUE REALITY AND DETERMINED BIOLOGICAL LAWS , NATURALLY ADDRESSED AND ENDED TO QUEST FOR A MEANING IN HIS OWN EXISTENTIAL EVENTS.
4. MEDICINE IS NOT A BIO-TECHNOLOGY BECAUSE PERSONS ARE NOT TOOLS TO BE USED BUT PERSONS
5. DIAGNOSIS AND THERAPY ARE PROCEDURES WHICH POSITIVELY OR NEGATIVELY INTERFERE WITH THE PERSON’S UNITY AND CREATE OR DO NOT CREATE POSSIBILITIES FOR SELF-KNOWLEDGE AND THE INDIVIDUAL REALIZATION OF FREEDOM AND DIGNITY.

6. DISEASES, SUFFERING, DIAGNOSIS AND THERAPY BELONG TO THE PERSON'S EXISTENCE AND TO HIS OWN MEANING ON THIS EARTH
7. DIAGNOSIS AND THERAPY ARE INTERPERSONAL PROCEDURES REALIZED IN PERSONAL RELATIONSHIPS RICH OR POOR OF ETHICAL AND AFFECTIVE VALUES AMONG PATIENTS-NURSES-DOCTORS
8. PERSON'S SUBJECTIVITY (VALUES-MOTIVATIONS- EMOTIONS-AFFECTS BEHAVIORS) DETERMINES BIOLOGICAL REACTIONS THROUGH NEUROMEDIATORS AND HORMONS (TO OUR KNOWLEDGE) AND BIOLOGICAL REACTIONS CAN DETERMINE SUBJECTIVE REACTIONS . PERSONAL COPING QUALITY DETERMINES A DIFFERENT QUALITY OF GENE EXPRESSION
9. THE FIRST OBJECTIVE OF A GOOD DOCTOR-PATIENT RELATIONSHIP IS THE PERSON'S TRUST AND COOPERATION
- 10.COMMUNICATION SKILLS MUST BE INTEGRATED IN A METHODOLOGICAL STRUCTURE BECAUSE THEY CHANGE THE NEUROMODULATORY AND IMMUNITARY PATTERN
- 11.PHYSICIANS, NURSES AND OTHER CLINICIANS ARE INDIVIDUALLY INVOLVED IN THEIR PROFESSION AND CHANGE THEIR SUBJECTIVITY ACCORDING TO THE QUALITY OF THEIR PROFESSION AND LIFE STYLE. MEDICINE CANNOT BE REDUCED TO A BIO-TECHNOLOGY.
- 12.ANY PHYSICAL IMPROVEMENT IS DETERMINED BY PERSON'S UNITY AND UNCONSCIOUSLY /CONSCIOUSLY DESIRED. MOTIVATIONS TO IMPROVE ARE DETERMINANT IN RECOVERY PROCESSES
- 13.RELIGIOUS FAITH IS AN IMPORTANT COMPONENT OF OWN SUBJECTIVE SPIRITUAL AND PSYCHOLOGICAL LIFE AND CONSEQUENTLY IT IS RELATED TO HEALTH