



Person-Centred Clinical Method (PCCM) History

Person-centred medicine (PCM) is a new paradigm of medical science and Person-centred Clinical Method (PCCM) is its application. Both have been ideated by Giuseppe R. Brera. PCCM introduces new methodological phases in the clinical method: “Diacrisis”, “Clinical Epokè:” “Interlocutory” “Person’s diagnosis” “ Health balance in the SRPM cross system” , “Portrait” . It is addressed to person as a whole, **and assesses person’s resources and resilience before his problems**. After many years of methodological investigation from 1998 PCM and PCCM were presented by the author in many conferences and in 2001 in the essay: Person-Centred Medicine and Medical Education in the Third Millennium”. Since 1998, PCCM and its teaching method are taught in Milan Medical school, where a “Licentia docendi in PCCM” is active but since 1991 step by step PCCM was developed from Medical Counselling teaching method. PCCM is sponsored by the Italian Society of Adolescentology and Adolescence Medicine and applied by its members. Education in PCCM is condition to be admitted in the Society. Members’ case reports and the yearly certificate of clinical proficiency are evaluated according PCCM.

We have found and tested that Person-Centred Clinical method leads to the medical practice quality improvement. Most impressive are the abilities the PCCM has in improving skills in comprehending patients’ problems, in saving useless examination and drug prescriptions, and in improving the quality of life and health in general. We are at the beginning of an interactionist revolution.

REFERENCES

Theory(T) and results (R) have been partially presented by the author in the following conferences, lectures and workshops.

1. Il Metodo clinico (T)
Assisi 98: Il medico e l'adolescente (Giuseppe R. Brera)
Assisi,Italy October 24-25,1998
2. La Formazione dei medici nel terzo millennio (T) (Giuseppe R. Brera)
Inaugural lecture of the Ambrosiana University 1998-1999 Academic Year
Milan-Italy December 14, 1998
3. Il paradigma della Medicina centrata sulla persona (T)
Presentation of the essay : Brera G.R ”La Medicina centrata sulla persona e la formazione dei medici nel terzo millennio” “ IEPI-Pisa –Roma ,2001
Milan, Italy, June 30 2001- presentation of the essay:
4. Brera G. R. Education in Person-Centered Clinical Method and Perceived Quality of Person-Centered Clinical method (T-R)
1st International Symposium on new perspectives in medical education-
Assisi, Italy, October 24, 2003
5. Brera G. R. Person-Centered Clinical Method Teaching (T-R)
Workshop at the XI Ottawa Conference on Medical Education
Barcelona- Spain 6-8 July 2004
6. Brera G. R. Person-Centered Medicine and Person-Centred Clinical Method Teaching (T-R) Return to Hippocrates: Quality and Quantity in Medical Education
II° International Symposium on New Perspectives in Medical Education
Milan, Italy, 28 may 2005
7. Brera G.R : Person-Centred Method Quality
Research Reports of Medical School of Milan (2004)
8. Brera G. R.: Medical Science Crisis: Change of the Paradigm
Research Reports of Medical School of Milan (2005)

