Person-centred medicine (PCM) is a new paradigm of medical science and Person-centred Clinical Method (PCCM) is its application. Both have been ideated by Giuseppe R. Brera. PCCM introduces new methodological phases in the clinical method: “Diacrisis”, “Clinical Epokè” “Interlocutory” “Person’s diagnosis” “Health balance in the SRPM cross system”, “Portrait”. It is addressed to person as a whole, and assesses person’s resources and resilience before his problems. After many years of methodological investigation from 1998 PCM and PCCM were presented by the author in many conferences and in 2001 in the essay: Person-Centred Medicine and Medical Education in the Third Millennium”. Since 1998, PCCM and its teaching method are taught in Milan Medical school, where a “Licentia docendi in PCCM” is active but since 1991 step by step PCCM was developed from Medical Counselling teaching method. PCCM is sponsored by the Italian Society of Adolescnetology and Adolescence Medicine and applied by its members. Education in PCCM is condition to be admitted in the Society. Members’ case reports and the yearly certificate of clinical proficiency are evaluated according PCCM. We have found and tested that Person-Centred Clinical method leads to the medical practice quality improvement. Most impressive are the abilities the PCCM has in improving skills in comprehending patients’ problems, in saving useless examination and drug prescriptions, and in improving the quality of life and health in general. We are at the beginning of an interactionist revolution.

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