



# Università Ambrosiana

*In misericordia et veritate persona est*

1995-2025

Il Rettore

## OPENING OF THE ACADEMIC YEAR 2025

It is tradition that the Academic Year of the Ambrosiana University is formally opened on the day of St. Ambrose, our patron saint, and that the Rector sends a letter marking the new academic time, a time of personal growth for those who collaborate with the University, for those who give the sign (IT- In-segnare) and for those who learn. For us in fact - and so it should be for everyone - the meaning of every act comes from being people worthy of this name, who work for the continuous improvement of themselves and the world, with courage and commitment, even in the midst of adversity, to do the will of God and for the quality of the soul .

These thoughts are foreign to the dominant culture today, even the University one, often without a unifying meaning for research and training, only of a spiritual nature, against the etymology of the word university itself: “ad Unum vertere”. 2025 is the year in which the 30th birthday of the Ambrosiana University occurs and I thank the Lord for the health, energy and ideas that have allowed the Rector, now dean of Italian Universities, to support and guide the Ambrosiana University, very different from that idea of the current University, made of numbers and public and private capital, of even ridiculous courses to raise money paid for by the taxpayer. The identity of the University is first of all medical and aimed at training and research in the health sector and in which the Department of Aeronautical History also represents the symbol of flying high in the courage to fight for the truth, which requires detaching from the land of contingency, bureaucracy, interest, marketing, widespread hypocritical and ignorant cowardice.<sup>1</sup>

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<sup>1</sup> We are grateful to Prof. Barbieri, director of the Institute, who brought our spirit to the world, to the cultural institutes of many countries and to Gen.SA (r) Giulio Mainini who directs the Department. , At the S. Giuseppe Hospital, despite the secularization of the Hospital, there is still the sanctuary of the Madonna di Loreto, once the destination of the tribute of honor of the 1st Air Region on December 10th.

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SANT'AMBROGIO

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On March 25, 1995, the day in which St. John Paul II signed the encyclical "Evangelium Vitae", the Ambrosiana University was born, at the San Giuseppe Hospital in Milan, then owned by the Fatebenefratelli Fathers, with the patronage of the Italian Center for Studies in Medical Psychology (CISPM) (Institute founder) and of the religious-hospital Order, represented by the Lombardy-Veneto Province of St. Ambrose, for the common religious heritage and the ideal of a Medicine with a human face, in the person of the suffering, the face of Christ-

The publicly announced foundation had a great media resonance, (RAI-major dailies). (attachment 1). The University was already born with the innovative courses in progress of the Institute of Medicine and Psychology of Adolescence of the CISPM, of Adolescentology and of Medical Counselling with the adolescent in light of the epistemological change in the study of adolescence, "Adolescentology" that the CISPM-IMEPA had introduced and of Kairology, derived from it, presented in 1993 in [the first World Congress of Adolescentology](#) promoted by the Italian Society of Adolescentology and Adolescent Medicine founded in 1991. This event was the cradle of the interactionist and teleonomic change in Medicine that I had become aware of,<sup>2 3</sup> and which required a strong training structure to promote it at a scientific-educational level and protect it from the inevitable attempt to contrast and hide it, in the application, with catastrophic effects especially for the clinic of adolescence, of old age, but for all ages, as is still the case today. happening because it organizes the bio-technological reduction of medicine and of the person as an object-tool and not as a person-sense, with poisonous effects on both the university and post-university training of doctors. Bio-technology, and the research, only necessary tools, today they are considered as the meaning of Medicine in the obsolete deterministic imperialism of medical science, which

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<sup>2</sup> Brera G.R. A Revolution for Clinical Method and Bio-Medical Research. A revolution for clinical method and biomedical research The determinate and the quality indeterminate Relativity of Biological Reactions. Milano: Università Ambrosiana;1996

<sup>3</sup> [Brera G. R. The relativity of biological reactions and the first formulation of and interactionist epistemological paradigm for medical science and its application in clinical research and medical education. Medicine, Mind and Adolescence. 1997; XII, 1-2: 7-15](#)

contrasts the indeterminism of human nature, in the light of basic research, in the choice of the quality of being a person, determining health by virtue of the allostatic interaction mind. brain-body.spirit that changed the alphabet of Medicine.<sup>4 5 6 7</sup>

Hippocratic and Christian ethical values of Medicine are no longer the object of discriminating attention to the meaning of medical action and since 1979, in Italy and before in other countries, authentic gynecological extermination chambers have been opened in hospitals in which the lives of healthy and sick men and women in the first phases, even in the ninth month, are suppressed with various technologies. In France the homicidal practice of doctors has become a constitutional right, in Holland and in other countries such as Canada euthanasia is a possibility practiced, without remorse or reflection. In Holland a new definition of euthanasia has been ideated: "Exhausted existence" ! There are doctors who become instruments of death, as in the Nazi extermination camps in an almost total indifference in the MD category and social indifference, with the exception of the Catholic Church. A schizophrenic action is in progress: in the same department there is the doctor who one day gives birth and the next day kills. The same sick man still in the mother's womb can be saved or killed. Down syndrome patients today are exterminated. There is no awareness of the catastrophic psychosocial damage of these homicidal practices on women, on the family and on society, well studied at a psycho-biological<sup>8</sup> and psychoanalytic level which result in serious

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<sup>4</sup> Brera G.R. . Person-centered medicine and Medical Education in third Millennium (with the introduction of Iosef Seifert The seven aims of Medicine it.) Roma- Pisa: IEPI ;2001 (Italian

<sup>5</sup> Brera G.R. Person-centered medicine: Theory,Teaching,Research. Int.J.Pers. Cent.Med 2011; 1 (1):69-79

<sup>6</sup> Brera G.R Person-centered medicine and Person-Centered Clinical Method. Università Ambrosiana ed.; 2021 ISBN: 9798756383423

<sup>7</sup> Brera G.R The adolescent as person and Person-Centered Medicine. Università Ambrosiana ed. 2024 ISBN 9798337941318

<sup>8</sup> Brera G.R La scelta di abortire: motivazioni e sequele psichiche. Coop.Amici della vita ed. 1982



SANT'AMBROGIO

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consequences in every dimension and also war as a cathartic necessity of guilt.<sup>9</sup> It seems that the pandemic of Herod's syndrome does not concern politics as if these phenomena, which negatively impact individual and collective mental health, loss of ethical compass of medicine, were independent of a country's development

The birth of the Ambrosian University was thus presented as a declaration of cultural war, also for its values- no one MD who agrees with induced abortions or euthanasia in the name of the epistemological truth that had changed medical science and medicine: teleonomic interactionism. Unlike other universities, which were born from training needs, then ours - at the time the only new-born in Milan - was born from a precise cultural project and with the spirit of Giulio Einaudi,<sup>10</sup> who wanted a University "virgin from stamps", not of bureaucratic control but of free cultural force which for us was mainly the change of the implicit bio-molecular mechanistic-deterministic paradigm of Medicine into one that placed the person at the center, from which the clinic, not the laboratory animals, was inseparable. (fig.1)

This project has been realized in these thirty years at the educational, scientific and international level, including the foundation of the [World Health Committee](#) and in Italy the [National Health Committee](#).

On June 24, 1995, after the Christian spiritual baptism with a beautiful ceremony in the Basilica of S. Ambrogio, thanks to Mons. Biagio Pizzi, the first spiritual assistant of the University, and to the abbot Verzeleri, The University presented its cultural project with the Conference: "The humanization of Medicine, scientific paradigm, clinical method and quality of care" in which important scholars Giorgio Cosmacini and Vittorino Andreoli, Monsignor Giuseppe Angelini, religious of the Fatebenefratelli, such as Br. Gian Pietro Luzzato, Br. Andrea Faustini, some of the first Italian MD adolescentologists and counselors such as Aldo Zanon, Donata Potito, Maurizio Bosio, Pietro Mario Marazzini, Marco Pandolfi, Pasquale

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<sup>9</sup> [Brera GR Psychoanalysis of the Ukraine-Russia War. Ed Università Ambrosiana 2024](#) ISBN 9798322090205 (Italian)

<sup>10</sup> First President of the Republic of Italy

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Formicola, pioneers in Adolescentology science. , doctors of the S. Giuseppe Hospital, Sergio Pulici, Giulio Ricci, Michele Zaurino participated. On that occasion I [presented the epistemological and scientific bases of the paradigm shift](#) in Medicine, published later,<sup>11 12</sup> constituting the basis of the paradigm of "Person-centered Medicine ". At the inauguration of the Academic Year 1999-2000 at the S. Satiro Hall of the Basilica of S. Ambrogio, with the intervention of Prof. Iosef Seifert, our honorary professor, the most important contemporary personalist philosopher, the Rector announced the paradigmatic unification of all the medical courses of the University according to Person-Centered Medicine - which we had theorized - and with the teaching of the Person-Centered Clinical Method and theory. These two moments, together with the birth of the Medical School of Milan (1998) (attached - 3 - photo of the ceremony in S. Ambrogio) providing the courses and of the Scuola Normale Superiore di Medicina S. Riccardo for the training of teachers and students of medicine of the three-year clinical period, already enrolled in a medical school, were milestones in the history of the University. The University was born as a medical one but soon other Departments would be added such as Sacred Art, Archaeology (no longer active today) and [History of Aeronautics](#).<sup>13 14 15</sup> I would like to recall two pearls of these years signed by the University and the Italian Society of Adolescentology and Adolescent Medicine, "The first day of adolescent health" (2007) and "Youth Science Italy"

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<sup>11</sup> Brera G.R. A Revolution for Clinical Method and Bio-Medical Research. A revolution for clinical method and biomedical research The determinate and the quality indeterminate Relativity of Biological Reactions. Milano: Università Ambrosiana; 1996

<sup>12</sup> Brera G. R. The relativity of biological reactions and the first formulation of an interactionist epistemological paradigm for medical science and its application in clinical research and medical education. *Medicine, Mind and Adolescence*. 1997; 12, 1-2: 7-1

<sup>13</sup> We are grateful to Prof. Barbieri, director of the Institute, who has brought our spirit to the world, to the cultural institutes of many countries and to Gen.SA (r) Giulio Mainini who directs the Department.

<sup>14</sup> I take this opportunity to thank the I° Lgt (r- AM)) Giuseppe Nacci, web-master of the Ambrosiana University, without whose work our work would not have been known.

<sup>15</sup> At the S. Giuseppe Hospital, despite the secularization of the Hospital, there is still the sanctuary of the Madonna di Loreto, once the destination of the tribute of honor of the I° Regione Aerea on December 10.



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(2013), with the patronage of all the Italian regions and which involved the schools of the country. Unfortunately our innovation was fought and hindered by wicked bureaucrats at the service of the power of darkness with serious damage to science and the Italian population. An institutional war made of serious crimes - of a criminal nature - to our detriment, prevented us from opening the Faculty of Medicine in 1998, with a curriculum designed according to the [Person-centered Medicine that we had introduced](#), a fact that would have revolutionized the pre-degree study of Medicine and the methodology of student selection already at the end of the last century. However, this was not a bad thing, in fact it allowed us to concentrate on post-graduate training and on the development of quality procedures. The Ambrosiana University was the first in Italy to have established a certified quality system for Medical Education (2003), also introducing the first Medical Education Certificate (Diploma supplement) that documented the student's educational path. Despite the shameful crimes we fought against and the economic difficulties, we had the merit of having started an [epochal change in Medicine](#). Our pioneering role both in theory and teaching was recognized [by the WHO in 2011](#) - also giving a good image of Italy - also inspiring the birth of an international movement for the affirmation of Person-Centered Medicine in the world, born in 2008. If in Italy the responsible public authorities both regional and state, but incompetent, had listened to our invitation to orient the health system towards Person-Centered Medicine, which promotes primary and secondary prevention, by increasing the sense of responsibility for health, there would not have been 170,000 deaths from COVID, nor thousands of adverse effects, including deaths of young people, due to the serious scientific and political limitations of the Italian and regional health management. [Our research has shown that the orientation of public health towards Person-Centered Medicine \(PCM\) means a huge saving in suffering and health costs](#), because MCP promotes the quality of primary care and health education, certainly in contrast with “business” medicine, with very positive indirect effects at every level on the growth of the country.

The first and only departments still existing in the world of Adolescentology and Adolescent Medicine, of Person-Centered Medicine and in Italy of “Medical Education”, have the signature of St. Ambrose.

6

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The Spirit of truth, undoubtedly, has used and is using all of us to change the culture of adolescence, Medicine and its teaching and health systems in light of the new health paradigm introduced by us: “The choice of true possibilities to be the best human person”. In the last three years we have in fact promoted four international conferences for the change of interactionist and teleonomic paradigm of Medicine, an essential fact also for world peace, as is easy to deduce from the [“Charte Mondiale de la Santé-the World Health Charter”](#), epistemological and ethical code of the University together with the [Universal Declaration of the Rights and Duties of the Young](#). The right to health for all, together with education should be guaranteed throughout the world for the irreducible dignity of every person from conception to natural death.

To celebrate this important Academic Year, which aims to commemorate the birth of Adolescentology, the driving force behind the birth of the University, as a discipline that unifies the study of Adolescence and its applications, with the Person-centered paradigm, the Department of Adolescentology and Medicine has established two important innovative services for the country: the [Adolescent Parents’ Academy and the Medical Counseling service](#) - which we have introduced as a new medical discipline - online, free and for adolescents and young people who request it, the first service of its kind available to the public in Italy.

We are continuing with courage, strength and energy, thanks first of all to the help of God and extraordinary and noble teachers from many countries, with courses still unique in the world with innovative research through the Medical School of Milan and at least 50 international and national Congresses from 1995 to today, (ref. [1992-2017](#). [2017-2024](#)) a mission that was entrusted to us certainly not by man. Today unfortunately there are many fools who think that what happens in the world and in the person is only the result of contingencies of economic, political, bureaucratic powers, psycho-biological laws, and that a transcendent will is excluded from the history of the cosmos and of men. We have demonstrated the opposite: the light of truth for the good, which illuminates the intelligence of wise and humble men, is in fact of divine origin, as St. Augustine and St. John Paul II, Benedict XVI, philosophical and theological voices, no longer listened to by the Catholic Church today, contradictory and lost in relativistic pragmatism with the



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error of the serious separation between faith and morality, for which mercy is considered possible without truth - an unworkable idea of divine nature. By removing truth as reality, the necessary sense of the revelation of the possible- if chosen- new human nature disappears, for the liberation from the original mortal sin - the existence of which is confirmed by the psychoanalysis of Melania Klein - thanks to the sacrifice and Resurrection of Jesus Christ, of which time will soon remember the 2024th Anniversary of His birth from the Eternal and from a woman. Thanking those, teachers and students, whose faces are photographed in our hearts and in our minds and who with generosity and sacrifice have allowed the important achievements in these thirty years of life, I wish everyone a rebirth in this new time, "Birth of God and birth of man". (Joan Paul II°)

**"God this infinite good that is the absolute fullness of truth tends to expand: it is also for this reason that God revealed himself. Revelation is the good that communicates itself as truth". (St. John Paul II).**

**" Deduc me in tua via, Domine, et ingrediar in veritate tua" (Psalm 89)**

To the Holy Patron, Ambrose, we ask for [interceding prayer](#) for another 1000 anniversaries of the University and/or as long as he wishes |



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Fig. 1

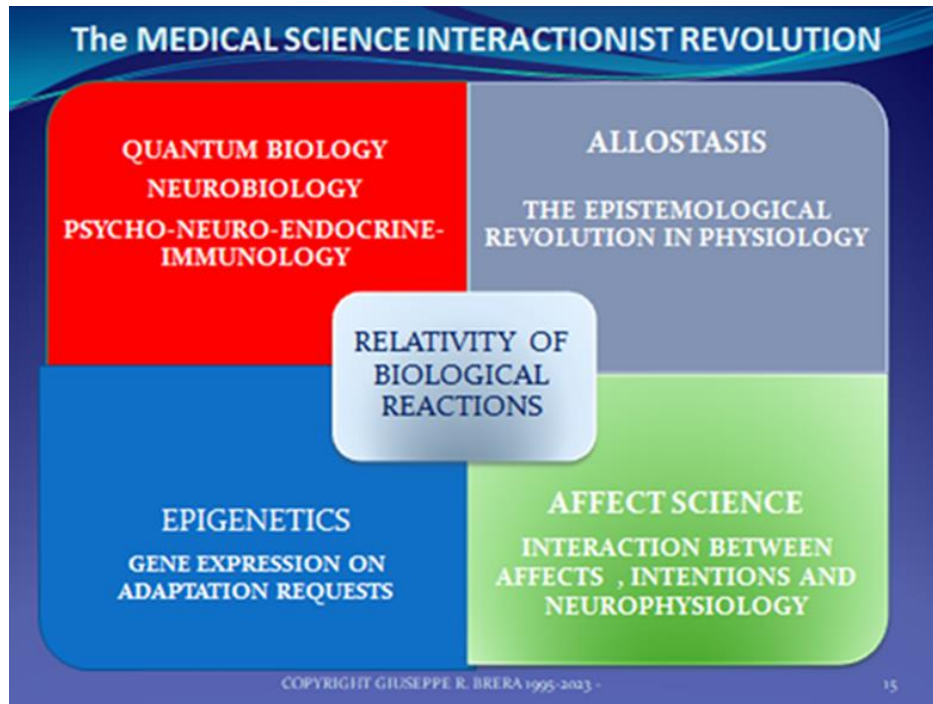


Fig.1 The interactionist shift of Medical science

*Giuseppe R. Brera*

Giuseppe R.Brera

\*Direttore della Scuola Medica di Milano

President of the World Health Committee- Presidente del Comitato Sanitario Nazionale

Presidente Società Italiana di Adolescentologia e Medicina dell'Adolescenza e WFSA

Coordinator of the International Committees for the Youth Charter and the World Health Charter

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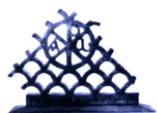
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