



Università Ambrosiana

Il Rettore

Milano 27/ 10 /2021

Prot. R 22.2021

To Pro-rectors, Magistri ad honorem, Professors, Alumni, Students, and all friends,

On 13-20 November, the University held the inaugural Congress of the Academic Year of the Ambrosiana University 2021-2022, which will formally start on December 7, 2021, the day of St-Ambrose, our patron.

"The Person-Centered Medicine, Prevention and Adolescence"- The COVID-19 Person-Centered Prevention and Early Therapy Program.

In the first session ((in English), the Congress will treat the scientific basis of the paradigm of Person-Centered Medicine with the keynote speech of Peter Sterling, the author with J.Heyer of the Allostasis theory that revolutionized the history of Medicine. It will be an excellent opportunity for everyone.

The second session of the Congress (in Italian) is dedicated to adolescence, and the third to the COVID-19 prevention and early treatment. (November 20.)

The Congress wants to demarcate the two directions of Medicine development: the first, long gone, biotechnological, deterministic, and mechanistic, still taught in the Universities of the state and most of the world, the second, Person-Centered Medicine, indeterminate, aimed at giving people resources and opportunities for health, prevention and "self-care" with health education and the Person-Centered Clinical method. Our University, since its inception (1995), has focused on these keywords: Person-centered Medicine (MCP), Medical Counselling, Adolescentology, Health Education, of which we are pioneers and "leaders" in Italy and around the world through the Medical School of Milan. Another strength point is the Aeronautical History Department. Physicians we have trained treated about 80,000 teenagers and an unspecified number of adults with an enormous and documented saving of suffering and health costs, ignored by the Ministry of Health and the Italian Regions. The MD trained can discover the possibility to not alienate himself through the Person-Centered Clinical method by recovering the soul of his profession. The MCP would save millions of lives by orienting public health to "Person-centred prevention."

The global and national health management of the pandemic has been developed with the erroneous mechanistic paradigm, based on linear causality: "virus- infection risk- death risk" (that is only on vulnerability) relying on restrictive measures of individual freedom, however effective in containing the pandemic, which the professor Violato demonstrated, but establishing a new political health power: in Italy "divide et impera." Most governments violated human rights to achieve experimental genetic vaccines that are extremely dangerous for epigenetic and genetic effects, which would have required years of experimentation, as Luc Montagnier also pointed out. However, this strategy, if even leading to a preventive but time-limited effectiveness for COVID-19 on oldest people over 29 years (under 29 the risk of fatality is zero or almost), was a loser at the pandemic

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beginning as was evidenced by millions of deaths but not for the health of profit multinationals that produce vaccines without adequate experimental correctness.

The MCP indeterministic, multidimensional and multi-factorial, paradigm, at the basis of the person-centered concept of health "The choice of the best possibilities for being the best human person, which should guide public health, is based on resilience production and is expressed by the following alphabet "A: pathogen, B: allostasis, C: innate humoral and cell immunity, D: risk of the clinical syndrome, E: risk of aggravation, F: risk of death. *The public health management and most physicians and investigators ignore the ABC of the right medicine language.* Epistemological and scientific illiteracy, unacceptable from a public health and political leadership, was the basis of a massacre. They omitted the constitution of an immune metabolic shield for the population (alternative to these vaccines) in primary and secondary prevention based on the "Antiviral allostasis and immuno-preventive stimulation." This approach would have saved millions of lives and prevented the administration of experimental genetic vaccines to adolescents, not at risk of COVID 19, some of which have died due to predictable and documented vaccines' adverse effects. In the USA, with a significant error, President Bidens's necrophilic project to extend vaccination to children, based on limited research by Pfizer, without controlling the adverse effects even after years caused by the alteration of micro-RNA.

I take the occasion to personally invite you to attend the Conference sending your registration to communication@scuolamedicamilano.it Vincenza Quero e cc segreteria@unambro.it

I greet you with affection.

Giuseppe R.Brera*

PS The invited speaker for the first session are pleased to send the enclosed abstract form to prof. Vito Galante MD, Ph.D., LD Ma H (vgalante@unambro.it) . within November 5 and cc secretariat@worldhealthcommittee.net (miss Ali Maria Bertoli) If a participant wants to contribute with a 5'-7 minute contribution to the sessions, could send the title to the scientific secretariat.

Director of the Milan School of Medicine www.scuolamedicamilano.it
President Word Health Committee and Italian National Health Committee

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